

Family Support

Scottish organisations which support families bereaved by SUDI

Scottish Cot Death Trust

This Scottish cot death charity works to find answers to cot death through research; supporting bereaved families and educating the public and professionals on how to reduce the risks of cot death.

Tel: ☒0141 357 3946.

www.scottishcotdeathtrust.org

UK organisations providing support through Scottish networks to families bereaved by SUDI or infant death

BLISS the premature baby charity

Support, advice and information for families of babies in intensive care and special care, including bereaved families.

www.bliss.org.uk/

Child Bereavement Trust

Support, information and resources for bereaved families and for professionals.

www.childbereavement.org.uk

Sands, the stillbirth and neonatal death charity

Support and information for anyone affected by the death of a baby, before or after birth. National helpline, local parent-led support, literature and online support. Works to improve care when a baby dies and promotes research to reduce the loss of babies lives.

www.uk-sands.org

TAMBA Bereavement Support Group

For families who have lost one or more children from a multiple birth, whether antenatally, postnatally, or at any age subsequently.

www.tamba.org.uk/bsg (Part of the Twins and Multiple Births Association TAMBA – www.tamba.org.uk)

UK organisations providing information for families bereaved by SUDI

Lullaby Trust (formerly the Foundation for the Study of Infant Deaths (FSID))

The UK baby charity working to prevent sudden deaths and promote health. Lullaby Trust funds research, supports bereaved families and promotes safe baby care advice. This charity directly supports families in England and Wales, but will provide information to families in Scotland.

www.lullabytrust.org.uk

Multiple Births Foundation (MBF)

Support and information for families with twins and higher multiple births, including support around bereavement, and information for professionals.

www.multiplebirths.org.uk

International organisations supporting families bereaved by SUDI and sudden child death

Sudden Unexplained Death in Childhood (SUDC) Program

The SUDC Program was created to be an international centralized resource for those affected by a

sudden unexpected death in childhood, whose cause is left undetermined, unclear or unexplained. We are the only organization worldwide devoted solely to the needs of families and professionals touched by unexplained death in childhood.

www.sudc.org

UK organisations supporting bereaved families

The Compassionate Friends

An organisation of bereaved parents and their families offering understanding, support and encouragement to others after the death of a child or children.


www.tcf.org.uk

Cruse Bereavement Care

Support for people bereaved by death, in any way, whatever their age, nationality or belief. Help includes counselling, bereavement support groups and advice or information on practical matters.

www.crusescotland.org.uk

Samaritans

Available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress or despair, including those which may lead to suicide. Telephone  08457 909090 for the cost of a local call. Also face-to-face support.

www.samaritans.org

Winston's Wish

Helps bereaved children and young people rebuild their lives after a family death. Offers practical support and guidance to families, professionals and anyone concerned about a grieving child.

www.winstonswish.org.uk

Useful Addresses

Baby MPS (Mailing Preference Service) online

Free site where parents can register online to stop or at least reduce baby-related mailings of samples, offers, advertisements etc.

www.mpsonline.org.uk/bmps/

British Humanist Association


Has a network of accredited funeral officiants who can help to plan and conduct a non-religious funeral ceremony.

www.humanism.org.uk

Child Benefit Office

The online claim form for Child Benefit can be accessed at

www.gov.uk/topic/benefits-credits/child-benefit

Hospitals can also obtain small numbers of Child Benefit claim packs from National Insurance Contributions Office (NICO) Stores. Tel:  0191 225 7293.

Jobcentre Plus

Online information about Social Fund Funeral Expenses Payments and a downloadable form.

www.jobcentreplus.gov.uk/JCP/

National Association of Funeral Directors

Advice, a code of practice and addresses for people planning a funeral or looking for a funeral director.

www.nafd.org.uk/

National Records of Scotland (Formerly the General Registrar Office (Scotland) -GROS

<http://www.nrscotland.gov.uk/>

Natural Death Centre

Advice for families and others on burial in a woodland or nature reserve site and on organising informal and environmentally-friendly funerals.

www.naturaldeath.org.uk

Relationships Scotland

Offers relationship counselling, family meditation, child contact centres and other forms of family support.

www.relationships-scotland.org.uk

Royal National Institute for the Blind (RNIB)

Offers information, support and advice to people with sight problems.

www.rnib.org.uk

Working Families

Campaigns for working families, information leaflets and helpline for families on low incomes.

www.workingfamilies.org.uk